

2024 AUGUST

B.I.C - 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Pork Turkey Chicken Vegetarian Fish

Fun Facts!

Vitamin A supports good vision, immunity and growth! You can find Vitamin A in foods such as: Carrots, Sweet Potatoes, Peaches, Broccoli, Bell Peppers, Spinach, and Tomatoes!

1

Summer Break

2

Summer Break

5

Breakfast Burrito
Craisins

6

Pink Concha
Grapes

7

Maple Pancake & Chicken
Sausage Sandwich
Apple Strawberry Crisps

8

Double Chocolate Chip Bar
Sliced Apples

9

Pop Tarts
Orange Juice

12

Oatmeal Chocolate Chip Bar
Craisins

13

Pepperoni Pizza Pocket
Grapes

14

Ultimate Breakfast Round
Bananas

15

Maple Mini Waffles
Sliced Apples

16

Trix Cereal Bar
Apple Juice

19

French Toast Bar
Craisins

20

Egg & Cheese
Breakfast Sandwich
Grapes

21

Mini Confetti Pancakes
Apple-Strawberry Crisps

22

Chocolate Concha
Sliced Apples

23

Chunky Monkey Bar
Orange Juice

26

Blueberry Muffin
Craisins

27

Triple Berry
Mini French Toast
Grapes

28

Apple Cinnamon Bar
Bananas

29

Breakfast Cluster
Sliced Apples

30

Homemade Banana Bread
Apple Juice

Salad Bar Lunch Menu All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students **must** select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components.



AUGUST LUNCH

ALL STUDENTS NO CHARGE

Milk choice: 1% White or Nonfat Chocolate



Menu subject to change without notice.

This Institution is an Equal Opportunity Provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5 Teriyaki Beef Dippers w/Rice Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Apples Peaches Ranch Dressing</p>	<p>6 Chicken Corn Dogs Yogurt & Graham Crackers Seasoned Black Beans Romaine Salad Carrot Sticks Bananas Ranch Dressing Catsup Mustard</p>	<p>7 Turkey and Cheese Grinders Yogurt & Graham Crackers Romaine Salad Sliced Cucumbers Grapes Sandwich Spread Ranch Dressing</p>	<p>8 Green Chicken Pozole w/Tortilla Chips Yogurt & Graham Crackers Shredded Cabbage Orange Slices Jicama Sticks</p>	<p>9 Mac & Cheese w/Roll Yogurt & Graham Crackers Romaine Salad Green Beans Apples Pears Ranch Dressing</p>
<p>12 Fish Sticks w/Cilantro Lime Rice Yogurt & Graham Crackers Romaine Salad French Fries Apples Strawberries Ranch Dressing Catsup</p>	<p>13 Chicken Sandwich Yogurt & Graham Crackers BBQ Beans Romaine Salad Grape Tomatoes Bananas Ranch Dressing Catsup</p>	<p>14 Spaghetti w/Beef Sauce & Breadstick Yogurt & Graham Crackers Romaine Salad Celery Sticks Grapes Ranch Dressing</p>	<p>15 Turkey Combo Burritos Yogurt & Graham Crackers Romaine Salad Mixed Fruit Blueberries Jicama Sticks Ranch Dressing Salsa</p>	<p>16 3-Bean Deluxe Nachos w/Cheese Yogurt & Graham Crackers Romaine Salad Carrot Sticks Apples Ranch Dressing Salsa</p>
<p>19 Cheeseburgers Yogurt & Graham Crackers Romaine Salad Carrot Sticks Apples Ranch Dressing Catsup Mustard</p>	<p>20 Green Chili Chicken Enchilada Casserole Yogurt & Graham Crackers Seasoned Pinto Beans Romaine Salad Sliced Cucumbers Bananas Ranch Dressing Salsa</p>	<p>21 NEW! Curried Ground Beef w/ Rice Yogurt & Graham Crackers Romaine Salad Green Beans Grapes Applesauce Ranch Dressing</p>	<p>22 Popcorn Chicken w/Mashed Potatoes & Roll Yogurt & Graham Crackers Romaine Salad Corn Orange Slices Cool Tropics Ranch Dressing</p>	<p>23 Creamy Alfredo Penne & Breadstick Yogurt & Graham Crackers Romaine Salad Broccoli Apples Pineapple Ranch Dressing</p>
<p>26 Walking Beef Tacos w/Cheese Yogurt & Graham Crackers Shredded Lettuce Grape Tomatoes Apples Salsa Ranch Dressing</p>	<p>27 Orange Chicken w/Chow Mein Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Bananas Pears Ranch Dressing</p>	<p>28 Beef Lasagna Yogurt & Graham Crackers Romaine Salad Green Beans Pears Grapes Ranch Dressing</p>	<p>29 Domino's Pepperoni Pizza Yogurt & Graham Crackers Chocolate Cake, Frosted w/Sprinkles Romaine Salad Jicama Sticks Strawberries Ranch Dressing Catsup</p>	<p>30 Cheesy Quesadillas Yogurt & Graham Crackers Seasoned Pinto Beans Romaine Salad Carrot Sticks Apples Ranch Dressing Salsa</p>
			<p>Beef Pork Turkey Chicken Vegetarian Fish</p>	